



in Control



in Control is about people getting control over their support - and their lives.

What is in **Control**?

in Control is about people getting control over their support – and their lives.



Where is it happening?

More than **110** councils in England, Scotland and Wales are working with **in Control**.

Ask your council if it's taking part.

Why in **Control**?

People who need support often don't have much control over that support.

Many people:

- * are still kept away from other people – in special homes and centres
- * aren't allowed to decide important things – professionals decide
- * can't choose how they get support
- * don't have their own home, a job, or interesting things to do in their lives.

in Control wants to change all that.



in Control says people who need support should be citizens like other people. Being in control:

* I get support to be an independent citizen.



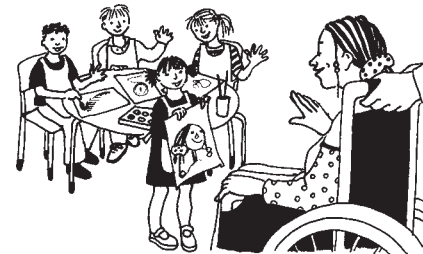
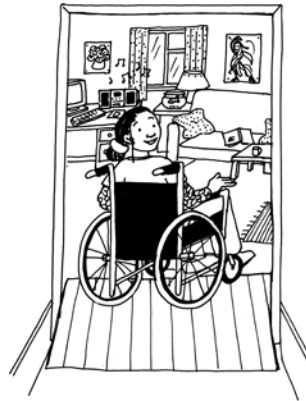
* I know how much money I have for my support.



* I make my own decisions – someone can help me or represent me.



* I can understand the rules and systems. I can get help easily.



* I should tell people how I use my money – and what I've learnt.



* I can use my money in a way that suits me.

* Give me enough help but not too much. I've got something to give too.



in Control is about Self-Directed Support – being in charge, even if you need help.

See how it works – **open up this poster**

You can get in touch with **in Control**

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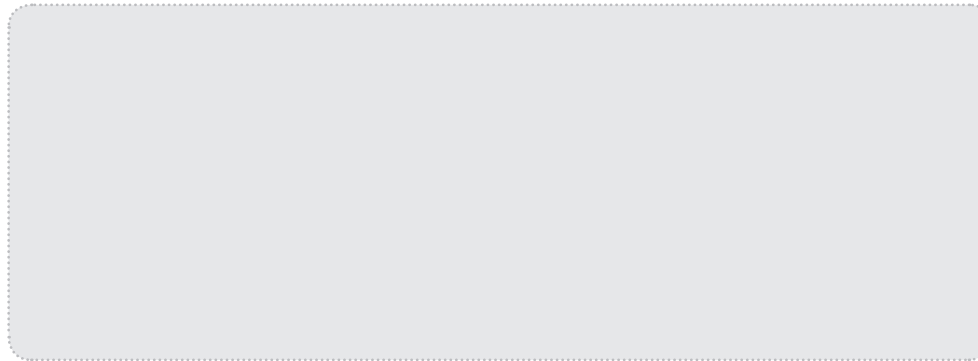
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in Control local authority
members: you can put a
label with your contact
details here.



in Control's partners include: Advocacy Partners » Care Services Improvement Partnership » First Step »
Foundation for People with Learning Disabilities » Helen Sanderson Associates » Inclusion North » know what i mean »
MENCAP » Moveable Feast » National Association of Adult Placement Schemes » North West Training and Development
Team » Older People's Programme » Paradigm » Valuing People Support Team » The Scarman Trust

MENCAP
Understanding learning disability

DH Department
of Health

Care Services Improvement Partnership **CSIP**

Valuing People
Support Team